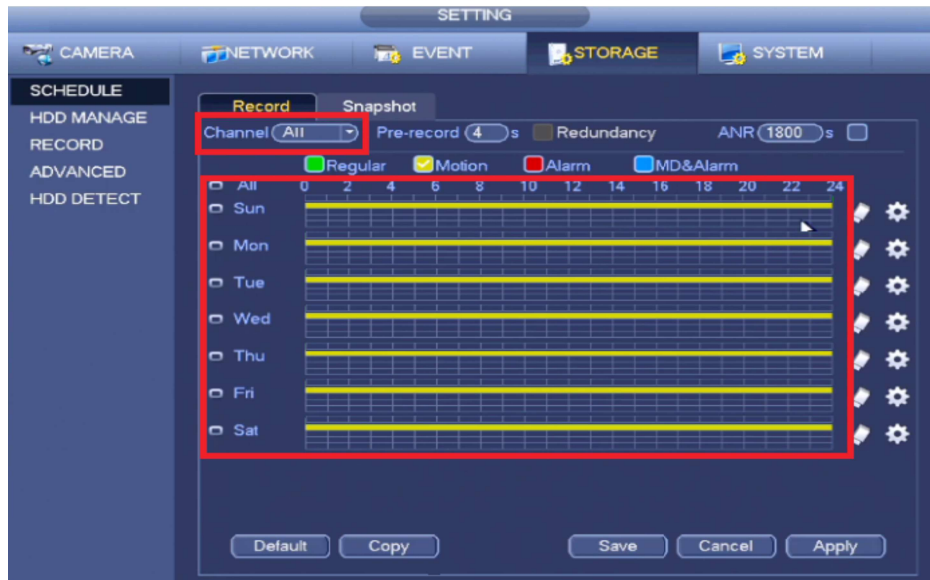# Troubleshooting Motion Detection Recording

If you have set up your DVR/NVR for motion detection and is still recording 24/7, double check the following menus.

Inside of the **Schedule** settings make sure you have set **Motion Detect** for all days of the week on All **Channels**


Also check the **Record Channel** settings inside of **Settings->Event->Video Detect**.

Make sure the **Channel** number at the top matches your **Record Channel** setting at the bottom. Be sure that the **Channel** number you have selected at the top corresponds with the **Record Channel** setting. Be sure that you have the **Enable** Check Box highlighted as well.

Navigate to The **Main Menu->Settings->Storage->Record**

Inside of here we want to make sure the **Main Stream** is set to "**Auto**" or "**Schedule**". Make sure the **Record** settings are **NOT** set to Manual or Stop
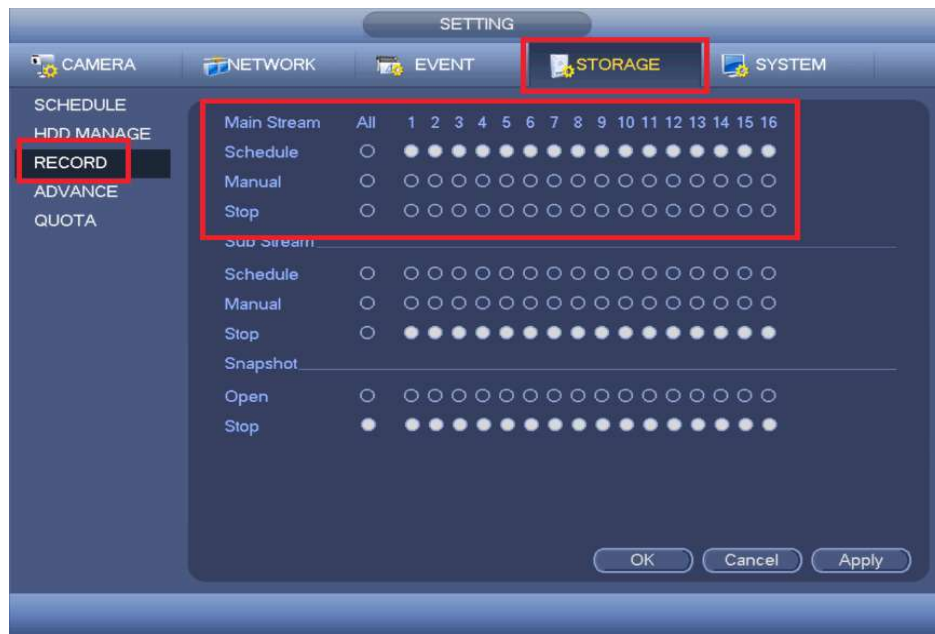
If you are getting too many recordings and need to lower the **Sensitivity** or block out **Regions** where you do not want motion to be detected please follow the guide below.

Navigate to the **Main Menu->Settings-> Event->Video Detect** and Click on **Region**
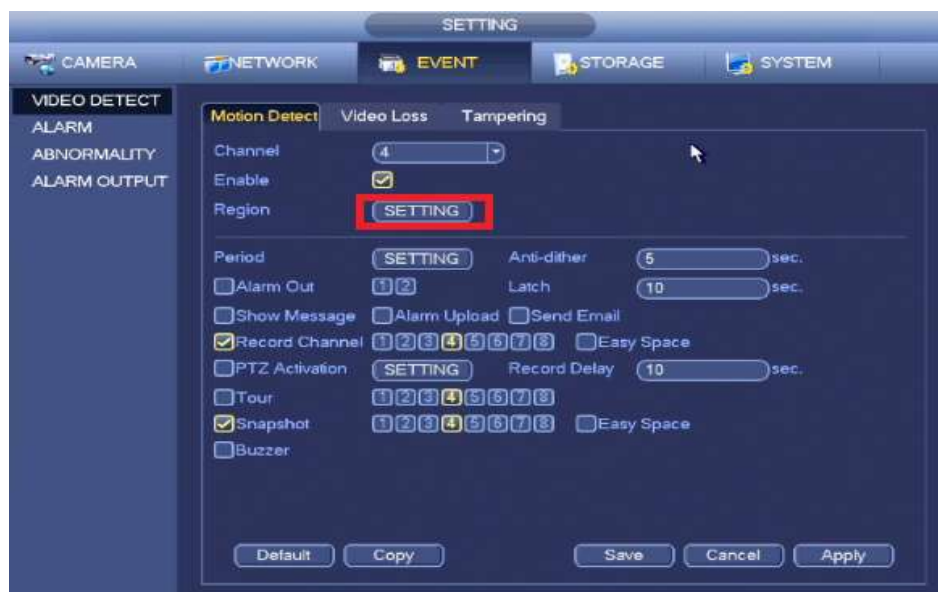
Inside of **Region** you can change the **Sensitivity** of your Motion Detection. **0** being the least sensitive - **100** being the most sensitive. You can also block out regions where you do not want motion to be detected. In the guide below the Red Areas WILL detect motion. The clear or transparent sections WILL NOT detect motion. You can choose areas by clicking on the squares in the grid.